

V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Pork Sausage Roll *Sausage meat encased in Puff Pastry*

Vegetarian Sausages V

Potato Wedges, Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Golden Shortbread

Tuesday

Cheese and Tomato Pizza

Vegetarian Pizza V

Pasta Salad, Rice Salad, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Selection of Swirl Mousses

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Shepherdess Pie V

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread
Iced Sponge with Custard

Thursday

Handmade Beef Burgers *Farm Assured Minced Beef Burger*

Vegetarian Burger V

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Chocolate Crunch

Friday

Battered Fish *White fillet of fish coated in a light batter* or **Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs*

Quorn Dippers V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Vanilla Ice Cream

Week 2

Monday

Chicken Dunkers *Farm Assured Chicken in Natural Breadcrumbs*

Pasta Bake *Pasta Twists and Seasonal Vegetables on a Tomato Sauce* V

Potato Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Golden Shortbread

Tuesday

Jacket Potato Bar – *Jacket Potato served with a choice of Beef Bolognese, Baked Beans* V, *Grated Cheese* V, *Vegetable Curry* V

Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Flapjack

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Roasted Seasonal Vegetables with a Yorkshire Pudding V

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Cabbage, Seasonal Salad Selection, Bread

Chocolate Brownie

Thursday

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausages, Free Range Scrambled Egg V

Potato Waffles, Baked Beans, Tomatoes, Mushrooms, Seasonal Salad Selection, Bread
Jelly and Cream



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered Fish *White fillet of fish coated in a light batter* or **Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs*

Vegetarian Enchiladas V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Vanilla Ice Cream

FUN FOOD FACT

potatoes were the first vegetable to be grown in space.

A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

FUN FOOD FACT

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.