Our menus

All the good stuff

1. All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
2. We provide a choice of Vegetables, Salad and Fresh Fruit daily.
3. At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
4. Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
5. We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

Download your copy at
www.telford.gov.uk/schoolmeals

6. We Oven Bake in preference to Frying.
7. We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
8. All of our suppliers ensure full traceability of our Food.
9. Some of our menu choices are developed with children through the Eatwell Project.

eatwell

Soil Association FOOD FOR LIFE BRONZE CATERING

SOFT FACILITIES INNOVATION AWARDS 2020 | GREEN INNOVATION

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days

Quorn · Fairtrade Foundation · Hellmanns · Unilever Food Solutions · Rainforest Alliance · Wenlock Spring · Young's · Fish for Responsibly Sourced Life · Assured Food Standards · Knorr · Llaeth y Llan · Clun Farm Eggs · British and Local Free Range Eggs

Protect, care and invest to create a better borough

Telford & Wrekin Co-operative Council

Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less that £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

Menu calendar

Summer Term 2025	
28 APR	WK 1
5 MAY	WK 2
12 MAY	WK 1
19 MAY	WK 2
26 MAY - HALF TERM	
2 JUN	WK 2
9 JUN	WK 1
16 JUN	WK 2
23 JUN	WK 1
30 JUN	WK 2
7 JUL	WK 1
14 JUL	WK 2

Autumn Term 2025	
1 SEPT	WK 1
8 SEPT	WK 2
15 SEPT	WK 1
22 SEPT	WK 2
29 SEPT	WK 1
6 OCT	WK 2
13 OCT	WK 1
20 OCT	WK 2
27 OCT - HALF TERM	
3 NOV	WK 2
10 NOV	WK 1
17 NOV	WK 2
24 NOV	WK 1
1 DEC	WK 2
8 DEC	WK 1
15 DEC	WK 2

Spring Term 2026	
5 JAN	WK 1
12 JAN	WK 2
19 JAN	WK 1
26 JAN	WK 2
2 FEB	WK 1
9 FEB	WK 2
16 FEB - HALF TERM	
23 FEB	WK 2
2 MAR	WK 1
9 MAR	WK 2
16 MAR	WK 1
23 MAR	WK 2

www.telford.gov.uk/freeschoolmeals

Let's Dine

Primary School Menu

APRIL 2025 TO MARCH 2026