



**Mobile:** 07966 382794  
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# Headstart

Dear Parents/Guardians,

I am delighted to tell you I will be offering **Headstart** again as an after school club on Thursday nights to children in Year 1 and Year 2, from 3.30pm – 4.15pm commencing next term (Thursday 16<sup>th</sup> January 2025)

**Headstart** is an award-winning business that runs multi activities that are fun and challenging. The programme looks to help develop your child physically *and* emotionally through a variety of activities including team building, movement, and fun games. It aims to help improve communication, leadership skills and confidence. I am a fully qualified PE teacher and have now worked as an outside provider at St Luke's for the past year.

Please complete the details on ParentPay if you would like to enrol your child.

Your child will only be required to wear trainers/pumps for the activities and bring a water bottle. The club will run from Thursday 16<sup>th</sup> January – Thursday 13<sup>th</sup> February incl. (5 sessions)

Please visit my Facebook page ([facebook.com/headstartclub](https://facebook.com/headstartclub)) for more details, or feel free to contact me on the number at the top of the page if you would like to discuss any aspect of the **Headstart** programme.

Many thanks,

Rhian Hickey  
**Headstart**