



Bikeability Cycle Training

Dear Parent/Carer

Bikeability Level 1 & 2 Cycle Training is coming to our school on:

- **Tuesday 11th & Wednesday 12th February 2025** – *Bikeability is delivered in small groups throughout these dates. Pupils are allocated a day that they will be taking part close to the course start date.*

What is Bikeability? Bikeability is the National Standard for Cycle Training, supported and funded by the Department for Transport. The skills your child will learn will help boost confidence and independent thinking, helping them to be a safer road user. So, whether your child cycles regularly or not, the course will prove beneficial. The course is delivered by Telford & Wrekin Council's qualified, professional, DBS checked Bikeability Team. Visit www.bikeability.org.uk for more information.



Level 1 takes place on the school playground. Children are taught how to check their cycle is ready for a journey, how to safely set off, slow down, stop safely and control their cycle. Once this is completed children will have achieved their **Bikeability Level 1**.



Level 2 follows Level 1 and takes place on quiet roads close to school and teaches children how to cycle safely and confidently, communicate with other road users and negotiate junctions. These are essential skills to help children identify and respond to hazards whilst cycling safely and responsibly. All who complete the course are awarded **Bikeability Level 2**.

How do I sign up? Please use the link or QR code below to sign up.

[Click here to sign up](#)

Or use the QR code here



Cycles and helmets are available to hire free of charge if pupils don't have access to a roadworthy cycle. There is the option to indicate if you would like to hire a cycle when you sign up. Adapted cycles (trike, tandem or hand cycle) are also available so please speak to your school if one of these is needed for your child to take part.

We are keen to understand why you may not sign up. Please click this link www.telford.gov.uk/bikeabilitysurvey to let us know why you have chosen not to sign up and we can contact you to offer more support.